Arts and music, being part of society from ancient times to the present, have been widely and more rapidly discussed in recent years. Some claims that arts and music have no use for students and they should not study them in school, while others hold the opinion that music and arts are indivisible parts of learning. As far as I am concerned, I agree with the latter one. There are numerous reasons why I hold my opinion, and some of the most important ones will be discussed below.

First of all, learning arts and music, learning music and arts can enhance students’ confidence. Some of them may not get a delightful score in academics but are able to get their self-esteem by playing musical instruments. Take me as an example, example, I had lousy grades in middle school and did not have much confidence. Whenever I am in class, no one recognizes me and there is barely anyone who likes to talk to me. However, by playing the guitar and clarinet at the new year’s festival ceremony by chance, I managed to get my confidence back, and also received a large number of friends.

Secondly, learning arts can refine children’s thinking patterns and build their creativity. By learning various kinds of arts, some students are able to think about one thing from different angles and perspectives. For example, while solving a mathematical problem, students who are learning abstract arts would prefer to solve it by taking it into a specific example, while students who are learning to sketch would rather solve it geometrically as they spend more time with sculptures and polygons.

Last but not the least, playing musical instruments can provide students a place and time to relieve their pressure. As students are facing heavier involvement nowadays, they are facing increasing pressure as well. Everyday they are doing countless works and barely have a rest. In such circumstances, students’ mental health should be exceptionally preserved, and playing musical instruments will be an effective way of expressing their emotions. A recent survey shows that students who is not able to play an instrument have a risk of mental illness 30% more than students who can play at least 1 instruments.

From what has been discussed above, we can safely draw the conclusion that students should learn arts and music in schools, as it can help students gain their confidence, broaden their creativity and strengthen their ability to think from different perspectives, also give them a way to express themselves.